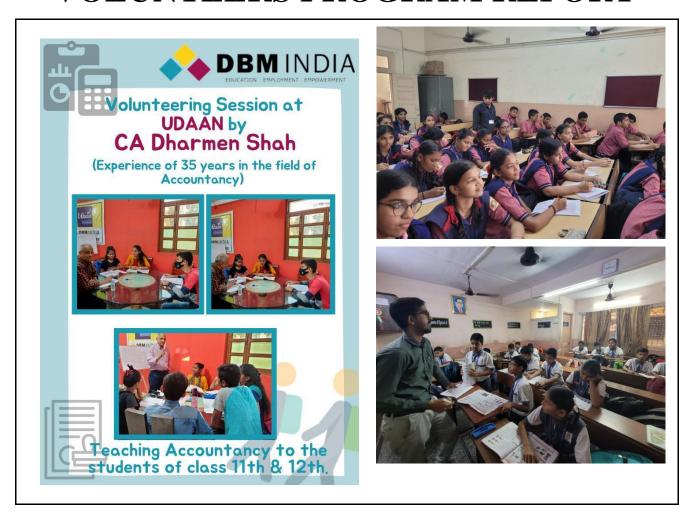


VOLUNTEERS PROGRAM REPORT



Begin with Self, Begin Small, Begin Today 2012-2022

INDEX

Contents	Page No.
About DBM India	2
About Volunteers Programme	3
DBM India's Programmes and Role of Volunteers	5
Volunteer's Speak	8
Beneficiaries Speak about Volunteers	13
Glimpses of Volunteers in Action	15

About DBM India

DBM INDIA (DBM) is a 15-year-old humanitarian organization working to create lasting change in the lives of children, families and communities living in poverty & injustice.

DBM INDIA serves all people regardless of religion, caste, race, ethnicity or gender. It is under the legal umbrella of Navasrushti International Trust and has set its objective as creating Hunger-Free-Communities. With a modest beginning of providing Mid Day meals in one school to 50 children, the organization has grown to a commendable force having its own infrastructure facilities providing education, health care, livelihood skills, empowerment and placements. Although initially the focus of the organization was on dealing with the issue of hunger, experiences at ground level drew to light that along with providing meals to arrest malnutrition and child mortality we also need to address issues that are the background reasons which are actually preventing our progress and development.

According to the Sustainable Development Goal designed by the United Nation in 2015, we are working on two of Sustainable Development Goals (SDGs), i.e., Goal 1- NO POVERTY and Goal 4- QUALITY EDUCATION And we at DBM have implemented the 3 E Approach i.e. Education, Empowerment and Employment.

Our Mission And Vision

MISSION

Empowering the beneficiaries by creating awareness & opportunities in Education & Employment

VISION

To be enablers for the under-served children, youth and women thus aiming at "Hunger Free Communities"

About the DBM Volunteering Programme

DBM INDIA started a volunteering programme in the year 2010 -11 in one school with 15 volunteers, in 2012-13, it was implemented in 24 schools with 200 volunteers benefitting 2000 children. Since then there has been no looking back as more and more people started joining us in this journey of building and shaping the young ones and helping them overcome their shortcomings. Even the dreaded Covid 19 couldn't hamper the spirits of the volunteers as they



continued spreading their knowledge online and impacting many lives. KUDOS! To all the wonderful volunteers who have been tirelessly working for the upliftment of the society.

Volunteers and DBM - Collaboration and Contributions For A Better Society

"Volunteering is a great way to look outside your own problems. Giving Back to make you happier by both giving you a sense of purpose and helping to put your problems in prospective"

Objective of Volunteering

The concept of Volunteering refers to the rendering of service by choice or free will for the benefit of the wider community by an individual or group. The contribution of volunteers makes for a strong and cohesive society. Volunteering enhances the social connections between different sectors and employees. It promotes people to be more active in civic engagement and concerned about citizenship.

Volunteers are an integral part of all DBM projects especially in Educational projects which are carried out both at the adopted schools as well as at DBM learning centers. They help teachers in getting effective learning and engagement from the students as the teaching is more interactive. More than this they become role models and friends to all students, oftentimes finding themselves becoming more and more involved with the students.

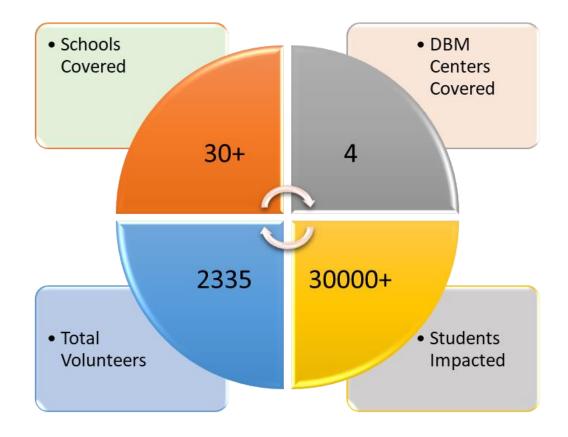
"Don't ever question the value of Volunteers, Noah's Ark was built by Volunteers"

Why Volunteer?

- Citizens should take up the challenge of contributing some of their time to fulfill this commitment that any modern nation would have towards its children.
- While at the political level we gained independence, true participation in a democratic nation can never happen when a large number of our citizens remain without even basic education.
- Formal education can do just so much, but there is a need to go beyond to use creative ways to bridge the gap.
- The number of children dropping out of school remains high. For several children their best years for learning go without the necessary opportunity
- With the active participation of NGOs and individuals we can together create a new force to once and forever, ensure that every child has the opportunity to learn.
- This will be an opportunity for the volunteers to use their experience, creativity and enthusiasm and contribute to nation-building.
- Volunteers like you and NGOs like us have extended our Hands to reach out and to make a change.

DBM India's Programmes and Role of Volunteers

- Mid-Day Meal Programme:- Under the Food for Education project, which was initiated in 2008, DBM provides Mid Day Meals to children aged between 5-15 years in non-aided private schools across Govandi, Mankhurd and Trombay areas in Eastern Mumbai. The students come from slum communities nearby and their parents work in the unorganized sector. The volunteers are involved in setting up health checkup camps to understand their BMI index and which nutritional benefits they were lacking, in addition to helping them in their academics.
- Chalo English /STEML Sikhyein:- Knowledge of English has become a must in today's world for further studies and more importantly for getting a job in any sector. DBM India took a very significant step in this regard by starting English language courses for school students so that they have a sound base in the same. This programme is being done through the volunteers that are drawn from NSS units and Colleges of Mumbai. Under this programme 13 schools are adopted where volunteers play a pivotal role in teaching and taking sessions in spoken and written English. Volunteers for this programme are drawn from colleges Like ITM, Guru Nanak, K.J. Somaiya, K C College, Hinduja and even Corporate houses and Volunteer platforms like IVolunteer, Connectfor, and Internshala to name a few. They all have been an integral part of DBM's CES programme for the past 15 years. This program has now been expanded and volunteers teach Science, Math, Technology and life skills apart from English. It is now called Chalo STEML Sikhyein.
- Vocational Training Centers:- Skills and knowledge development are the driving forces behind the financial growth and community development of any country. Skill building is a powerful tool to empower individuals and improve their social acceptance. DBM India is teaching vocational courses that are of the duration of 3 to 6 months in our Skill Training centers in Mumbai and Pune. The courses range from Information Technology, Early Childhood Care and Education, Para Nursing and professional courses like Banking Financial Services and Insurance, Digital Marketing etc. The volunteers help us by providing Personality Development classes, Mock Interview sessions, Spoken English classes, Financial Literacy knowledge to name a few.
- Udaan Education Centers:- Udaan is our mentorship and scholarship programme with the aim of providing a platform and opportunity to highly motivated and talented students with all the required skills and resources that helps them to become successful and socially responsible leaders. The program is open to anyone who is in Class 9 and they are mentored by us till they are graduates. The volunteers teach life skills, language acquisition, Digital Literacy Programs as well as Financial Literacy Programs in addition to the academic subjects including Maths, Science and English.



Corporates

Education Institutes

Volunteering Platform

Individuals



































Deloitte.



Volunteer's Speak

I am Vindya Ayyar and I am a Life Coach, Corporate trainer associated with Accenture, and a freelance career counselor. I joined DBM in May 2021 and I took Life skills classes for students.



It was a satisfying experience, because all connected with me even though it was done on a virtual platform. I am delighted to share that students sent their doubts through mails and gained insights. It gives me immense pleasure that I could add values in their life. I believe in giving back to society. I have been volunteering in different ways in other organizations also. DBM is doing great work for the younger generation. It's also a contribution to Nation building. This really attracted me to join DBM and I am happy to have taken up this opportunity.

I had the most enriching experience working with DBM. While conducting the social impact measurement of the organization, we at 180 DC, came to know of the extensive work the organization has done in the fields of both academic as well as vocational education. Moreover, talking to the staff as well as the beneficiaries of the organization gave us a better understanding of not only the internal operations of not-for-profit organizations but also the key problem areas DBM is working on. The team at DBM was very much involved in the project and gave their valuable feedback at each step which helped us come out with better results. I am constantly looking forward to more opportunities for working with the organization.

- Akansha Tewari, Consulting Director





The little things matter the most



Hello this is Anusha Vimalakasha and I am studying electrical engineering at Bangalore. I have a friend who has been helping and teaching at a boarding school for orphan kids and that is what always inspired me. I realised that education is not all about being a topper or just mugging up your subjects but it is more about what you do with your knowledge and experience. It should be shared.

One day I was searching for such an opportunity where I can teach students online and through iVolunteer I got to know about DBM India. They too are making efforts to

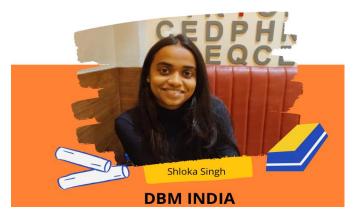
teach the children from the disadvantaged sections of society. I joined them as a teacher in August 2020. I started teaching the 10th science batch. The only challenge I had was to speak fluent Hindi as the kids were based in Mumbai but my kids were too good and adjusted to my teaching. I am really thankful to DBM India for giving me this platform. I was happy to see that despite the pandemic, DBM had not allowed the education of these children to suffer and had taken help from volunteers like me to continue their education. I wish that every child in India gets the knowledge and education that he or she deserves.

Hi, I am Shloka Singh currently pursuing Bachelor in Engineering, in Information Technology stream. I came to know about DBM India through IMFS, as I had attended a webinar organized by DBM India on Imagining the post covid-19 world with youth. At that webinar I got to know DBM India and their initiatives for helping people grow in life, I was excited to associate with them and help in their initiatives.

I have always been taught at home that "vidya daan sabse bada daan hota hai" and since I am privileged enough to have a strong foundation with my concepts studies and I had an opportunity to help the



"Education is the best wealth one can gain"



unprivileged children so I decided to take up the opportunity to teach 10th standard students.

Trust the journey was beautiful and I learned the value of education. As everything was online and it was my first experience hence at first students took time to get comfortable with the online learning mode, and it was difficult for us also to understand if they are understanding what we teach. Gradually students got used to it and became friendly with us and started interacting like friends with us. The best part was that they used to fight to answer the questions we ask. This happiness of making them curious to learn was amazing.

I would love to be in touch with the students even after their school life and guide them whenever needed as a mentor. I am grateful to DBM India as this year I celebrated Teacher's Day as a teacher and not a student, it was a totally different experience for me and one of the best days of my life and it is all because of DBM India. I am happy that I was able to help students in one of their very crucial years, which was their stepping stone towards success.



HUNGER TO LEARN

Human beings require food in the form of fruits and vegetables for nourishment and physical growth. Similarly, knowledge is the food of the brain. But one must always quench this hunger each day, and wake up next morning still feeling hungry. Only then can an individual grow day after day through determination.

One such example of determination I noticed was at Dharma Bharathi Mission wherein the students displayed such focused resolve towards achieving the goal which they visioned. The faculty at DBM and the volunteers from ITM worked hand in hand to hone the dreams of the future of this country.

The students showed dedication and excitement to learn the new language each and every day with consistency. Daily progress in written and spoken English was clearly visible. By the end of the process the students felt a surge in their confidence and power within their grasp. The feeling that now they are capable of achieving what they desire was within their hearts now.

Learning isn't a one job time that can be completed within a period of 3 weeks. Students must still strive to achieve more if they vision to progress and improve the condition they are under. For this very purpose we must always nudge them towards the right path. I am willing to walk down this path along with DBM India for a brighter and fulfilling future.

Mohak Bansal ITM Navi Mumbai

Program Activities

Experienced Volunteers from various organizations like BCAS, Connect 4, IVolunteer, ITM and various colleges join in for teaching English, Maths, Science, IT, Life skills etc.

We also have tie up with health care facilitators who conduct periodical medical checkup of the students and their families by setting up camps.

Financial Literacy program for both students and staff, which gave an insight into how one could manage their funds efficiently by making smart investments.

Special counselling sessions are conducted especially for Class 9 to 12, so they could make advised decisions and choose the correct path towards their career.

Volunteers are also involved in conducting workshops like capacity building for the staff in addition to being involved in fundraising and mobilization

Student's Views about Volunteers

My name is Prashik Gaikwad. I was born and brought up in a slum area located at Bhandup, which is near the forest. I still remember one of the scariest moments, where we used to face some big issue in that slum. The lioness used to visit our slum on every alternate day.

For some political reasons, we had to shift from the slum to the Lallubhai compound. This was a new journey as I had to change my schools and my surroundings. In my school life, I have to study in 4 different schools. It seems so exciting, but it was not because this frequent change was made due to some serious issues.



The last school where I was admitted was National English High School. From the student's point of view, I was very happy at the starting stage. As we were free for the whole day, there was no school, no tuition classes, and no headache. But I got bored after a few days and then I also got stressed about my studies and education.

Then I came into contact with DBM India with the help of my school. In DBM India, they usually engage us on different platforms conducting different programs. DBM India provided me with free online education with excellent teachers.

The DBM India Udaan not only teaches us English and Maths in an innovative way but also removes the fear of discomfort when speaking in front of people.

I still remember the 1st day of the Udaan online session. I was hesitating to introduce myself. And today is the day when I volunteer as a DBM volunteer for some of the projects of DBM India, such as stalls on a college campus, mask distribution, and vaccination camps and many more. This is the light that DBM India enlightened in my life of darkness by helping us in self-confidence and self-belief. They also have chosen me for the program named TLP (Team leadership program).

This was a new method of learning for me to build up my career in Leadership Programs . I never thought that someone could teach a person how to become a leader. I learned many new qualities from this in the 15-week program. This program was not just about learning leadership qualities but also about empathic people. I have seen myself growing with all such opportunities. That is why DBM India became one of the pillars of my future building.I am very grateful to DBM India for providing help with my studies. Thank you so much DBM India for enlightening me about my life..



Supriya Vichare lives with her husband in M ward. She always wished to learn something new and be self-independent but she didn't have that confidence or someone to encourage her that she could do it. One day she saw the DBM pamphlet and thought of doing the course but was very afraid and confused. She had a lot of questions so finally she came to the center and enquired about the ECCE course. She lacked her ability to speak in English which she overcame by enrolling in the Spoken English class. . Currently she is working as a Pre-primary teacher in Doorstep and earning Rs.11,000.. She learnt a lot of things throughout the course like observation writing, importance of concrete objects, etc and is now

able to converse in basic English with her co-workers.

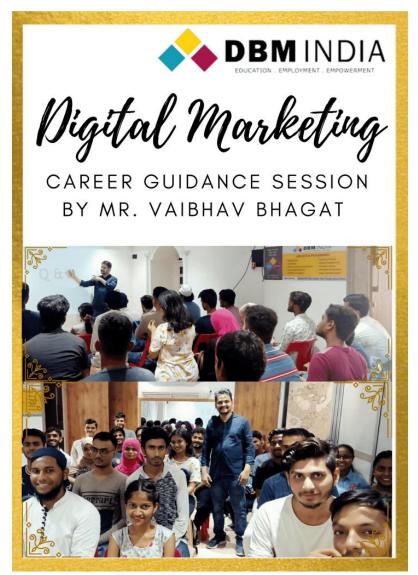
Ashika is a student at M ward School studying in Class 6th and comes from a modest family of 5 people. Her father works as a security guard and mother is a homemaker. She has 2 younger siblings studying in Class 3 and Class 1. She is intelligent but due to lack of guidance was not confident with her math skills. When she got in touch with volunteers she was able to cope with the subject and make visible changes and is very happy to have been associated with DBM and the volunteers who helped overcome her fear for Mathematics.





Shruti is a student of Class 7 at M Ward School and comes from a humble family. She lives with her parents and elder brother who studies in Class 10. Her father is a fruit vendor and her mother is a homemaker. She comes from a family that speaks only Marathi, so when she joined the school she was finding it difficult to understand and converse in English. With the constant support provided by the volunteers, she is now able to form sentences with very few errors.

Glimpse of the Activities Done by Volunteers

















Conclusion

We feel that to bring out a change in the society every individual in their individual capacity can render their services. The volunteers associated with DBM do that exactly by adding value to the lives of the ones who are less fortunate. The volunteers are selected for various programs after they undergo an interview and after observing their keen interest in the assigned project. The volunteers are expected to devote at least 25 hrs of service on the chosen projects like mobilization, fundraising, Administration work like HR policies, Marketing etc. to obtain a certificate of appreciation. When we started with the volunteership program we started with BCAS and since then we have had at least 1 new organization join in our mission every year. We have students joining from colleges like KC College, Somaiya College, ITM, GNVS Management College, Guru Nanak College taking part in the program every year. We are also able to work with various volunteering platforms like IVolunteer, Connectfor, Internshala for inducted some great and enthusiastic volunteers year on year who are able to add some value to the lives of many teenagers and youth alike.

During the Daan Utsav week which falls in the month of October, the team of DBM India along with volunteers do a host of activities to help as many people as possible. Even during the COVID Pandemic DBM collaborated with a lot of volunteers from all over India and even abroad to help citizens with ration, online education, masks, sanitizers, oxygen concentrators etc.

From Nov 2022 we have now started an initiative called Volunteer of the month in which we recognise the outstanding volunteers. From FY 2022-23 we also will have a Volunteer of the year award.

We are thankful to all our volunteers for their constant support in providing both physical and monastery assistance for the needy ones in helping us in our projects.

More about our Volunteering Programme can be seen from https://www.dbmindia.org/ or by writing to us at info@dbmindia.org